



Otago Boys' High School Boarding Development Programme



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BOARDING DEVELOPMENT PROGRAMME

At Otago Boys High School the values of Perseverance, Excellence, Courage, Honour and Respect are woven through the fabric in all that we do. The implementation of a Boarding Development Programme in 2020 provides us with the opportunity to incorporate these values into the everyday lives of our boarders, and to grow confident, resilient men with a sense of purpose - prepared to explore, and contribute to, a changing world.

The boarding development programme offers students the chance to develop life and career skills and provides them with the opportunity to try things they normally wouldn't be able to do. The junior programme focuses on character education and personal development. By the time the boys reach the senior school the focus shifts towards vocational training. The programme is designed to be a rich and rewarding experience for all School House students by targeting their personal interests. All courses will run on a week day evening. For Year 9 and 10 students the programme runs for the duration of the year, while in the senior school the programme finishes at the end of term two, to allow the boys to focus on their studies in the second half of the year.

YEAR 9

All Year 9 students at School House take part in a Character Education programme, which aims to build and strengthen character and influence how students think and act when faced with a challenging situation. Emphasis is given to situations that might arise in the boarding house. The programme is delivered by staff and hostel prefects in small groups. Guest presenters will also, on occasions, deliver presentations on a variety of social issues such as cyber safety and wellbeing.

The programme teaches students a range of skills and values, including ethics, responsibility and respect in a discussion-based environment where boarders explore real-life examples in which people have made bad choices.

One of the major parts of the programme is KiVa, a highly effective approach to reducing bullying in schools and boarding hostels. KiVa is an evidence-based approach that was developed in Finland by experts who have been studying the phenomenon of bullying and its mechanisms for decades. KiVa has been trialled and evaluated and is shown to significantly reduce the incidence of bullying. KiVa also helps develop empathy, skills that are critical for boarders.

Through this style of learning, Otago Boys High School hopes to give students the skills needed to make the right decision when handling difficult situations in life.

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YEAR 10

All students in Year 10 will complete the Duke of Edinburgh Bronze award throughout Year 10 at the hostel. The award is the world's leading youth achievement award. Proven to help with job and study prospects, it has transformed the lives of millions of young people around the world.

By creating opportunities for our young people to learn a new skill (or develop an existing one), get physically active, give service to their communities, and take part in an adventure, the award challenges young people to leave their comfort zones—and that's when the good stuff happens. Boys build self-confidence and greater resilience, helping to set them up for success in today's uncertain world, where they face more challenges than ever.

Participants design their own award programmes, set their own goals and record their own progress. The only person the boys compete against is themselves, by challenging their own beliefs about what they can achieve.

As part of the award, boys are expected to plan and complete an expedition (tramp), which will be done at the end of term four. There will be an additional charge for the expedition.

For more information about the award go to www.dofehillary.org.nz

YEAR 11

As the boys enter the senior school the Boarding Development Programme starts to specialise, and boys choose activities that interest them. In term one the boys can choose one of the following activities:

- Golf Lessons
- Learn to Surf
- Learn to Windsurf
- Duke of Edinburgh Silver (independent learning and activities are required, and students will not complete the award until the end of term three). They must have the bronze award before starting the Silver.

These are fun activities that are designed to serve us an introduction to the courses offered in Years 12 and 13, without the pressure of formal assessment. Boys should choose a course that they believe they will enjoy.

YEAR 11 *CONT*

All activities need a minimum of five people to be viable. All boys must select their preferred course but also a second preference, if their first choice is not available.

In term two all Year 11 students will complete a Toastmaster's course run at the hostel. Public speaking is an activity that many young people dread, but for many occupations it is a crucial skill. The course is delivered in an entertaining manner with young people in mind.

YEAR 12 AND 13

Courses in the senior school are designed to be enjoyable and students should choose a course based on their interests, strengths and what career path they potentially would like to pursue when they leave school. NCEA credits are attached to each of these courses except for the Duke of Edinburgh Gold programme. None of the NCEA credits are available in the normal school programme. Boarders are expected to complete the course and achieve these standards.

Courses will run in term one only so that students can focus on their studies for the rest of the year.

Course options are as follows:

- Scuba Diving (7 NCEA level 3 credits)
- Advanced Paramedics (9 NCEA credits)
- Duke of Edinburgh Gold (Must already have Silver)

In Year 13 students may select an extension course, based on what they did in Year 12, or a new option. Students may also wish to take a course not on the list, but must gain the approval of the school's Careers Advisor and Director of Boarding.

The school Careers Advisor will meet with all students in the year prior to the commencement of the course to make sure students are aware of the requirements. The Careers Advisor and Director of Boarding are also available to aid boarders when selecting a course.



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COST

The cost of the Boarding Programme is \$150 for Year 9-11 and \$200 for Year 12-13.

For courses at Year 12 and 13 Star funding is available from the Ministry of Education. Funding is provided upon completion of the course in the way of a refund. The amount refunded varies from year to year depending on the level of funding provided.

TRANSPORT

When required students will be transported to their various activities by the school and hostel van. Yr 13 students may drive if parental permission is given. On occasions parents and taxis may be used but there will be no extra cost accrued.

SUPERVISION

All Year 9-11 activities will be supervised by at least one hostel or school staff member.

In Year 12 and 13 students are expected to have the maturity to attend courses without hostel supervision. Boys who act inappropriately will be removed from their chosen course.





SENIOR COURSE SELECTION GUIDE - YEAR 11

Golf

Location: Otago Golf Club

Time: Wednesday 6-8pm

Gear Required: Students are encouraged to bring their own clubs, but can use gear provided by the club.

Requirements/Restrictions: None. Lessons can be tailored for all golfing abilities from beginner to a scratch handicap golfer.

Course Information: Group lessons on general golf play from qualified coaches.

Learn to Surf

Location: St Clair Beach

Time: Wednesday 6-8pm

Gear Required: Togs and Towel. Wetsuit and board provided.

Requirements/Restrictions: Students must be able to swim 200m and float for 5 min. This will be tested prior to the commencement of the course. The course is a basic introduction to surfing and is not suitable for those with previous surfing experience.

Course Information: Group lessons on the basics of surfing. The course is run by Esplanade Surf Club.

Learn to Windsurf

Location: Water Cooled Sports (Dunedin Harbour)

Time: Wednesday 6-8pm

Gear Required: Togs and Towel.

Requirements/Restrictions: Students must be able to swim 200m and float for 5 min. This will be tested prior to the commencement of the course. The course is a basic introduction to windsurfing and is not suitable for those with previous windsurfing experience.

Course Information: Group lessons on the basics of windsurfing. The course is run by Water Cooled Sports.

SENIOR COURSE SELECTION GUIDE - YEAR 11, 12 AND 13

PADI Open Water Diver Certification (Scuba Diving)

Location: Dive Otago

Time: Wednesday 6-8pm

Gear Required: Togs and Towel. Wetsuit and scuba gear provided.

Requirements/Restrictions: Students must be able to swim 200m and float for 10 min. This will be tested during the first lesson at Dive Otago. No previous diving experience is required.

Course Information: With a PADI Open Water Diver Certification you will be qualified to dive with a buddy, independent of an instructor to 18 metres. You will be able to buy scuba equipment, book on trips, explore wrecks, reefs and underwater kelp forests in over 183 countries worldwide.

This is a lifelong qualification and is the foundation for further scuba diving qualifications and careers.

Credits: 7 NCEA Level 3 credits

Advanced Paramedics

Location: Dive Otago

Time: Wednesday 6-8pm

Gear Required: None

Requirements/Restrictions: None. A comprehensive first aid course is done at school in Year 13 for those doing Outdoor Education. It is therefore, not recommended that students do the Advanced Paramedics course if they intend to do Outdoor Education as a subject in Year 13.

Course Information: An advanced, progressive and innovative course, Advanced Paramedics provides students with the knowledge and skills required to provide immediate and advanced first aid assistance in a variety of different situations.

Credits: 9 NCEA credits

SENIOR COURSE SELECTION GUIDE - YEAR 11, 12 AND 13

Duke of Edinburgh Silver and Gold Award

Location: Hostel and various places around Dunedin

Time: Independent Study

Gear Required: None

Requirements/Restrictions: Students must have completed the bronze award to do silver and the silver award to do gold.

Course Information: The award requires students to complete a series of activities and skills in their own time. These courses are not suitable for those who struggle with time management. Self-discipline and the ability to work independently is vital.

TIC: Mr Richard Roe

SUNDAY ACTIVITIES

The Otago Boys High School boarding community is largely made up of students from rural Otago and Southland, many of whom live more than two hours drive away from the hostel. Boarders therefore, have the option of staying at the hostel over the weekend with their peers instead of going home. For the majority of Sundays during the year there is an organised activity for Year Nine and Ten boys who are staying in for the weekend.

Activities include: canyoning, rock climbing, zorbing, ten pin bowling, mini golf and surfing. These enjoyable activities provide our junior boys the opportunity to develop and foster friendships outside the normal confines of the hostel. Senior boarders can attend these activities if they wish.

The cost of these Sunday activities are invoiced out to parents.





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