



Week 1

Otago Boys



| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------|---------|-----------|----------|--------|----------|--------|
|--------|---------|-----------|----------|--------|----------|--------|

Breakfast

| | | | | | | |
|-------------------------------|--|--------------------------|------------------------------|---------------------|---------------------------|--------|
| French Toast Slice with Bacon | Scrambled Eggs with Breakfast Sausages | Porridge and Baked Beans | Poached Eggs and Hash Browns | Bacon and Spaghetti | Porridge and Hot Pancakes | Brunch |
|-------------------------------|--|--------------------------|------------------------------|---------------------|---------------------------|--------|

Breakfast

All days: A selection of cereals, fruit, toast, yoghurt, spreads and beverages.

Lunch

| | | | | | | | |
|---|---|--|---|---|--|--|---|
| Morning Tea | Selection of Seasonal Fruit. Pizza | Selection of Seasonal Fruit. Spaghetti and Cheese Buns | Selection of Seasonal Fruit. Sausage Rolls | Selection of Seasonal Fruit. Cheese and Corn Toasties | Selection of Seasonal Fruit. Mousetraps | Baked Scones/Muffins | Mushrooms, Baked Tomatoes, Sausages and Bacon |
| All Lunch Meals Monday to Friday: Prepacked | Macaroni Cheese Topped with Basil Pesto | Beef Chow Mein | Baked Potatoes served with Bacon and a Cream Corn Sauce | Chicken Fried Rice | Bacon, Broccoli and Feta Frittata served with Garlic Bread | Make your own Sandwich, Rolls with a Salad Bar | |

Afternoon Tea

| | Fruit Smoothie or Milk Shake of the Day | Fruit Smoothie or Milk Shake of the Day | Fruit Smoothie or Milk Shake of the Day | Fruit Smoothie or Milk Shake of the Day | Fruit Smoothie or Milk Shake of the Day | | |
|----------------------------------|---|---|---|---|--|----------------------------|----------------------------|
| Afternoon Tea in the Dining Room | Selection of Fruit. Muesli Slice | Selection of Fruit. Coffee and Walnut Slice | Selection of Fruit. Raspberry Oat Slice | Selection of Fruit. Iced Chocolate Cake | Selection of Fruit. Chocolate Chippie Biscuits | Selection of Fruit. Baking | Selection of Fruit. Baking |

Dinner

| | | | | | | | |
|-----------------|---|---|---|---|---|---|---|
| Main Course | Chicken Parmigiana | Thai Style Beef Curry on Rice | Meat Balls and Spaghetti with Pizza Garlic Bread | Roast Sirloin with a Dijon Mustard Crust served with Yorkshire Puddings | Battered Fish served with Tartare Sauce | Baked Chicken Drumsticks Coated with a BBQ Sauce | Roast Lamb served with Gravy and Mint Sauce |
| Pasta/Rice Dish | Pasta Dish of the Day | Rice | Spaghetti | Formal Night: Food served on Platters | Pasta Dish of the Day | Pasta Dish of the Day | Extra Roast Vegetable |
| Vegetables | Butter Cabbage, Sliced Carrots and Mashed Potato | Courgettes, Corn on the Cobb and Cheesy Mashed Potato | Long Green Beans and Baton Carrots | Medley of Roast Pumpkin, Onions, Courgettes, Tomatoes and Roast Potato | Peas, Cabbage and Silver beet and French Fries | Steamed Broccoli, Stir Fry Vegetables and Potato | Long Green Beans with Garlic, Diced Pumpkin and Roast Potato |
| Salad Bar | Lettuce, Grated Carrot, Cheese, Sliced Tomato, Peppers, Beetroot, Red Onion and Dressings | Lettuce, Grated Carrot, Cheese, Sliced Tomato, Peppers, Beetroot, Red Onion and Dressings | Lettuce, Grated Carrot, Cheese, Sliced Tomato, Peppers, Beetroot, Red Onion and Dressings | Salad on the Table: Greek Salad | Lettuce, Grated Carrot, Cheese, Sliced Tomato, Peppers, Beetroot, Red Onion and Dressings | Lettuce, Grated Carrot, Cheese, Sliced Tomato, Peppers, Beetroot, Red Onion and Dressings | Lettuce, Grated Carrot, Cheese, Sliced Tomato, Peppers, Beetroot, Red Onion and Dressings |
| Main Salad | Broccoli Apple Salad with Cranberries and Pecan Nuts | Italian Sausage, Corn Pasta with a Mustard Dressing | Wild Rice with Cucumber and Orange | | Apple and Walnut | Greek Salad | Niçoise |
| Dessert | Apple Short Cake served with Custard | Sticky Date Pudding and Caramel Sauce | Jelly and Fruit | Individual Home Made Mango Ice Cream with Caramelised Pineapple | Pavlova with Fruit Salad | Chocolate Mousse | Ice Cream Sundaes |



Week 2

Otago Boys



Breakfast

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|------------------------------|-------------------------------------|--------------------------|------------------------------------|--------------------------|--------------------------|--------|
| Breakfast | | | | | | |
| Eggs Poached Eggs with Bacon | Baked Beans with Breakfast Sausages | Scrambled Eggs and Bacon | Thickened Tomatoes and Hash Browns | Porridge and Baked Beans | Sausages and Hash browns | Brunch |

All days: A selection of cereals, fruit, toast, yoghurt, spreads and beverages.

Lunch

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|---|---|--|--|--|---|--|--|
| Morning Tea | Selection of Seasonal Fruit. Savoury Scones | Selection of Seasonal Fruit. Mouse Traps | Selection of Seasonal Fruit. Pizza Fingers | Selection of Seasonal Fruit. Corn and Bacon Buns | Selection of Seasonal Fruit. Spaghetti and Bacon Toasties | Baked Scones/Muffins | English Muffin: Meat Pattie, Scrambled Eggs, Bacon and Cheese slices |
| All Lunch Meals Monday to Friday: Prepacked | Tortellini Pasta with a Creamy Mushroom and Bacon Sauce | Make your own Hamburgers | Curried Sausages | Chicken Fried Rice | Cottage Pie served with Tomato Sauce | Make your own Sandwich, Rolls with a Salad Bar | |

Afternoon Tea

| | Fruit Smoothie or Milk Shake of the Day | Fruit Smoothie or Milk Shake of the Day | Fruit Smoothie or Milk Shake of the Day | Fruit Smoothie or Milk Shake of the Day | Fruit Smoothie or Milk Shake of the Day | | |
|----------------------------------|--|--|--|---|---|----------------------------|----------------------------|
| Afternoon Tea in the Dining Room | Selection of Seasonal Fruit. Raspberry Oat Slice | Selection of Seasonal Fruit. Marshmallow Slice | Selection of Seasonal Fruit. Ginger Crunch | Selection of Seasonal Fruit. Mars Bar Slice | Selection of Seasonal Fruit. Caramel and Walnut Slice | Selection of Fruit. Baking | Selection of Fruit. Baking |

Dinner

| | | | | | | | |
|-----------------|---|---|---|---|---|---|---|
| Main Course | Braised Steak and Onions | Twice Cooked Pork Belly and Soy Gravy | Meatballs in Tomato Sauce served on Spaghetti with Garlic Bread | Chinken Breast | Crumbed Fillets of Fish served with Tartare Sauce | Lamb Korma | Corned Beef with Mustard Sauce |
| Pasta/Rice Dish | Pasta Dish of the Day | Pasta Dish of the Day | Extra Vegetable dish | Formal Night: Food served on Platters | Pasta Dish of the Day | Rice | Pasta Dish of the Day |
| Vegetables | Cabbage and Silverbeet, Corn on the Cob and Mashed Potato | Roast Pumpkin, Minted Peas and Roast Baby Potatoes with Garlic | Long Green Beans and Baton Carrots | Courgettes, Roast Carrots and Whole Baby Potato | Coleslaw, Beetroot and French Fries | Courgettes, Corn and Mashed Potato | Long Breen Beans, Sliced Carrots and Mashed Potatoes with Fresh Parsley |
| Salad Bar | Lettuce, Grated Carrot, Cheese, Sliced Tomato, Peppers, Beetroot, Red Onion and Dressings | Lettuce, Grated Carrot, Cheese, Sliced Tomato, Peppers, Beetroot, Red Onion and Dressings | Lettuce, Grated Carrot, Cheese, Sliced Tomato, Peppers, Beetroot, Red Onion and Dressings | Salad on the Table: Minted Cous Cous | Lettuce, Grated Carrot, Cheese, Sliced Tomato, Peppers, Beetroot, Red Onion and Dressings | Lettuce, Grated Carrot, Cheese, Sliced Tomato, Peppers, Beetroot, Red Onion and Dressings | Lettuce, Grated Carrot, Cheese, Sliced Tomato, Peppers, Beetroot, Red Onion and Dressings |
| Main Salad | Moroccan Carrot | Crispy Spinach, Bacon with Croutons | Egg and Potato | | Hard Boiled Eggs | Pumpkin and Feta | Broccoli, Bacon Salad with Aioli |
| Dessert | Self Saucing Chocolate Pudding | Instant Pudding and Fruit | Chocolate Brownie with Ice Cream | Individual Lemon and Passionfruit Cheesecakes | Ambrosia | Banana Splits | Fruit Trifle |



Week 3

Otago Boys



Breakfast

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|------------------------------|--|--------------------------|---------------------------------|---------------------------|--------------------------------|--------|
| Breakfast | | | | | | |
| French Toast Slice and Bacon | Scrambled Eggs with Breakfast Sausages | Porridge and Baked Beans | Stewed Tomatoes and Hash Browns | Porridge and Hot Pancakes | Spiced Apples and Crispy Bacon | Brunch |

All days: A selection of cereals, fruit, toast, yoghurt, spreads and beverages.

Lunch

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|---|--|---|--|--|--|--|---|
| Morning Tea | Selection of Seasonal Fruit. Savoury Pastry Finger Tarts | Selection of Seasonal Fruit. Cheese and Corn Toasties | Selection of Seasonal Fruit. Savouries | Selection of Seasonal Fruit. Satay Chicken Pizza Fingers | Selection of Seasonal Fruit. Baked Beans and Cheese Buns | Baked Scones/Muffins | Corn Fritters, Scrambled Eggs, Sausages and Bacon |
| All Lunch Meals Monday to Friday: Prepacked | Pasta in a Tomato and Olive Sauce | American Hot dogs | Bacon and Egg Pie | Baked Potatoes served with Chilli Con Carne | Thai Beef Salad with Crispy Noodles | Make your own Sandwich, Rolls with a Salad Bar | |

Afternoon Tea

| | | | | | | | |
|----------------------------------|--|---|---|---|---|----------------------------|----------------------------|
| | Fruit Smoothie or Milk Shake of the Day | Fruit Smoothie or Milk Shake of the Day | Fruit Smoothie or Milk Shake of the Day | Fruit Smoothie or Milk Shake of the Day | Fruit Smoothie or Milk Shake of the Day | | |
| Afternoon Tea in the Dining Room | Selection of Seasonal Fruit. Anzac Slice | Selection of Seasonal Fruit. Lolly Cake | Selection of Seasonal Fruit. Rice Bubble Cake | Selection of Seasonal Fruit. Home made Chocolate Cookie | Selection of Seasonal Fruit. Rocky Road Slice | Selection of Fruit. Baking | Selection of Fruit. Baking |

Dinner

| | | | | | | | |
|-----------------|---|---|---|--|---|---|---|
| Main Course | Beef Stroganoff | Roast Chicken Thighs with Apricot Stuffing | Beef Schnitzel with a Tomato and Onion Gravy | Individual Braised Beef Wellingtons served with Red Wine Gravy | Crumbed Fillets of Fish served with Tartare Sauce and Chips | Chicken Cordon Bleu | Roast Lamb served with Gravy and Mint Sauce |
| Pasta/Rice Dish | Pasta Dish of the Day | Pasta Dish of the Day | Pasta Dish of the Day | Formal Night: Food served on Platters | Pasta Dish of the Day | Pasta Dish of the Day | Extra Roast Vegetables |
| Vegetables | Courgettes, Diced Pumpkin and Mashed Potato | Long Green Beans and Sliced Carrots and Potato | Corn on the Cob, Minted Peas and Roast Potato | Courgettes, Tomato and Onions, Broccoli and Mashed Potato | Peas, Carrots and Chips | Broccoli, Beans and Mashed Potato | Peas, Roast Pumpkin and Roast Potato |
| Salad Bar | Lettuce, Grated Carrot, Cheese, Sliced Tomato, Peppers, Beetroot, Red Onion and Dressings | Lettuce, Grated Carrot, Cheese, Sliced Tomato, Peppers, Beetroot, Red Onion and Dressings | Lettuce, Grated Carrot, Cheese, Sliced Tomato, Peppers, Beetroot, Red Onion and Dressings | Salad on the table: Roast Vegetable and Feta | Lettuce, Grated Carrot, Cheese, Sliced Tomato, Peppers, Beetroot, Red Onion and Dressings | Lettuce, Grated Carrot, Cheese, Sliced Tomato, Peppers, Beetroot, Red Onion and Dressings | Lettuce, Grated Carrot, Cheese, Sliced Tomato, Peppers, Beetroot, Red Onion and Dressings |
| Main Salad | Niçoise | Roast Mediterranean with Feta | Coleslaw | | Greek Salad with Strips of Salami | Israeli Cous Cous | Coleslaw |
| Dessert | Pineapple Short Cake and Ice Cream | Strawberry Mousse and White Chocolate | Self Saucing Chocolate Pudding | Cheese Cake with Fruit Sauce | Jelly and Fruit Salad | Yogurt and Berry fruit | Sticky Date Pudding and Caramel Sauce |



Week 4

Otago Boys



Breakfast

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|------------------------|------------------------------------|--------------------------|------------------------------------|--------------------------|--------------------------|--------|
| Breakfast | | | | | | |
| Poached Eggs and Bacon | Baked Beans and Breakfast Sausages | Scrambled Eggs and Bacon | Thickened Tomatoes and Hash Browns | Porridge and Baked Beans | Sausages and Hash Browns | Brunch |

All days: A selection of cereals, fruit, toast, yoghurt, spreads and beverages.

Lunch

| | | | | | | | |
|---|--|--|---|---|---|--|--|
| Morning Tea | Selection of Seasonal Fruit. Pesto and Feta Tarts | Selection of Seasonal Fruit. Pizza Fingers | Selection of Seasonal Fruit. Cheese and Pineapple Toasties | Selection of Seasonal Fruit. Spaghetti and Cheese Buns | Selection of Seasonal Fruit. Chicken and Apricot Pizza on a Scone Base | Baked Scones/Muffins | |
| All Lunch Meals Monday to Friday: Prepacked | Pulled Pork, with Mild Chilli Beans on Corn Chips | Spaghetti Bolognese | Vegetable Frittata | Chicken schnitzel on potato wedges and costed with a chilli and onion Tomato sauce | Beef Fried Rice | Make your own Sandwich, Rolls with a Salad Bar | |

Afternoon Tea

| | Fruit Smoothie or Milk Shake of the Day | Fruit Smoothie or Milk Shake of the Day | Fruit Smoothie or Milk Shake of the Day | Fruit Smoothie or Milk Shake of the Day | Fruit Smoothie or Milk Shake of the Day | | |
|----------------------------------|---|---|---|---|--|----------------------------|----------------------------|
| Afternoon Tea in the Dining Room | Selection of Fruit. Muesli Slice | Selection of Fruit. Afghan Biscuits | Selection of Fruit. Raspberry Oat Slice | Selection of Fruit. Banana Cake | Selection of Fruit. Chocolate Chippie Biscuits | Selection of Fruit. Baking | Selection of Fruit. Baking |

Dinner

| | | | | | | | |
|-----------------|---|---|---|--|---|---|---|
| Main Course | Braised Steak in Mushrooms with Fried Onions | Crumbed Chicken Drumsticks | Twice Cooked Pork Belly | Mustard and Herb Crusted Roast Sirloin served with Gravy | Battered Fish and Chips | Sausages, Onions and Gravy | Mince, Cheese, Potato and Kumara Top Pie |
| Pasta/Rice Dish | Pasta Dish of the Day | Pasta Dish of the Day | Pasta Dish of the Day | Formal Night: Food served on Platters | Pasta Dish of the Day | Pasta Dish of the Day | Pasta Dish of the Day |
| Vegetables | Steamed Cauliflower, Baton Carrots and Rice | Roast Pumpkin, Peas and Roast Potato | Butter Cabbage, Sliced Carrots and Mashed Potato | Streamed Broccoli, Roast Pumpkin and roast Potato | Baton Carrots, Peas and Chips | Courgette Provençale, Broccoli and Cheesy Mashed Potato | Beans, Diced Pumpkin and Gourmet Potatoes |
| Salad Bar | Lettuce, Grated Carrot, Cheese, Sliced Tomato, Peppers, Beetroot, Red Onion and Dressings | Lettuce, Grated Carrot, Cheese, Sliced Tomato, Peppers, Beetroot, Red Onion and Dressings | Lettuce, Grated Carrot, Cheese, Sliced Tomato, Peppers, Beetroot, Red Onion and Dressings | Salad on the Table : Potato and Mustard | Lettuce, Grated Carrot, Cheese, Sliced Tomato, Peppers, Beetroot, Red Onion and Dressings | Lettuce, Grated Carrot, Cheese, Sliced Tomato, Peppers, Beetroot, Red Onion and Dressings | Lettuce, Grated Carrot, Cheese, Sliced Tomato, Peppers, Beetroot, Red Onion and Dressings |
| Main Salad | Luxe Potato | Thai Style Corn, Noodles and Potato | Apple and Celery Salad | | Tomato, Red Onion and Feta | Lentil, Tuna, Tomato with Basil Pasta | Tabbouleh |
| Dessert | Tiramisu | Frozen Yoghurt | Jelly and Fruit Salad | Individual Date Pudding served with Custard | Fresh Fruit Salad with Yoghurt and Passionfruit | Apple Crumble with Custard | Chocolate Mousse Cake |